



MANCHESTER TAEKWONDO SCHOOLS



# **BRITISH 'OLD SCHOOL'**

## **SPRING OPEN 2022**

### **Information for coaches and players**

**Venue: George H Carnall Leisure Centre,**

Kingsway Park, Urmston, Manchester, M41 7FJ, England, UK

**Phone:** +44 161 413 3750

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#### **Fees:**

**Individual £25; Pairs £25; Triple £25, Team £25**

**Poomsae & Kyorugi combined: £45**

**Spectators: Adult £10 - Under 14's £5**

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### **POOMSAE**

**Saturday 12<sup>th</sup> March 2022**

**10.00am – 4.00pm**

White to Black Belt Categories:

Pee Wee, Child, Junior, Senior,

Veterans, Masters, Para

### **KYORUGI**

**Sunday 13<sup>th</sup> March 2022**

**9.00am – 5.00pm**

White to Black Belt Categories:

Pee Wee, Child, Junior, Senior, Veterans



## MANCHESTER TAEKWONDO SCHOOLS



### KYORUGI

**\*\*MANUAL SCORING ONLY\*\***

**It is the responsibility of all players and coaches to provide their own standard protective equipment**

**No head guard or chest protector will be provided on the day by the organisers.**

#### Paramedics in Attendance

**A Class** (2nd Kup to 4th Dan), **B Class** (6th Kup to 3rd Kup), **C Class** (10th Kup to 7th Kup)

#### Rounds

**Pee Wee – all classes:** 2 rounds x 1.5-minute duration

**Child/Cadet – all classes:** 2 rounds x 1.5-minute duration

**Junior and Senior: C and B classes:** 2 rounds x 1.5-minute duration

**Junior and Senior: A class:** 2 rounds x 2-minute duration

**Veteran – all classes:** 2 rounds x 1.5-minute duration

#### Age Categories

**Pee Wee:** up to 8 years; **Child:** 9 to 13 years; **Junior:** 14 to 17 years; **Senior:** 18 years to 34 years;

**Veterans** 35 years and above

#### Weight categories

**Pee Wee (male):** -20kg, -24kg, -28kg, -32kg, -36kg, -40kg, -44kg, -49kg, -55kg, +55kg

**Pee Wee (female):** -20kg, -24kg, -28kg, -32kg, -36kg, -40kg, -44kg, -48kg, +48kg

**Child/Cadet (male):** -27kg, -30kg, -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg

**Child/Cadet (female):** -26kg, -29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -59kg, +59kg

**Junior (male):** -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg

**Junior (female):** -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68kg

**Senior / Veteran (male):** -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg

**Senior / Veteran (female):** -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, +73kg

#### Weigh-in times

**Saturday 12th March 10.00am to 4.00pm - Sunday 13<sup>th</sup> March 08.30am to 09.00am**

Minimum 3 players per weight category (weight categories could be merged)

#### Trophies

1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places

Best player male and best player female

**Team Trophies:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> place



## Rules

### Valid points

- Points shall be awarded when permitted techniques are delivered accurately and with reasonable force/ powerfully to the legal scoring areas of the body.
- Each scoring technique to the permitted body area shall be awarded one point.
- Each scoring technique to the permitted face area shall be awarded two points.
- An additional point shall be awarded for a spinning technique where a point(s) was awarded for a scoring technique.
- The final match score shall be the sum of all complete rounds.
- Invalid points:
  - I. Intentionally falling immediately after delivery of a scoring technique
  - II. Scoring technique performed whilst committing a prohibited act (grabbing, pushing, holding)

### Prohibited Acts

- Prohibited acts will result in a Gamjeom (one point deduction).
- The following are deemed prohibited acts:
  - i. Grabbing the opponent with shoulder, hands or arms
  - ii. Pushing the opponent with the shoulder, hands or arms
  - iii. Holding the opponent with the hands or arms
  - iv. Evading by turning the back to the opponent
  - v. Intentionally falling down
  - vi. Pretending injury
  - vii. Attacking with the knee
  - viii. Intentionally stomping or kicking any part of the leg or foot
  - ix. Striking or hitting the opponents face with hands or fist
  - x. Uttering undesirable remarks or any misconduct by competitor or coach
  - xi. Attacking a fallen opponent
  - xii. Intentional attack after the referee's declares 'Kallyo' (break)
  - xiii. Attacking the back and back of the head intentionally
  - xiv. Head butting
  - xv. Throwing an opponent
  - xvi. Violent or extreme remarks or behaviour by competitor or coach
  - xvii. Crossing the boundary line with one foot out of the area
- In the case of multiple prohibited acts committed simultaneously, a Gamjeom will be awarded for each act.
- When a competitor receives ten Gamjeoms in total, the referee shall declare him/her the loser by penalties.



## **ENTRIES AND PAYMENTS:**

### **Closing date for Entries and Fees Saturday 26th February 2022**

Maximum capacity expected before closing date, please ensure early entries

Entries and Fees after the closing date will incur a £10 surcharge

Payment to be made with Team entrants

All competitor and club lists - Requests for electronic payment to be made to:

**GM Mark Richardson at: [m.richardson421@icloud.com](mailto:m.richardson421@icloud.com)**

**Mobile and WhatsApp: 07970 831118**

**VISA:** If you require an official invitation letter for your visa application, please email us at:

[tkdmanchestersmk@gmail.com](mailto:tkdmanchestersmk@gmail.com)

## **ACCOMMODATION**

Non-exhaustive list of hotels near the venue for your information:

### **Premier Inn Trafford Centre West**

Old Park Lane,

Trafford Centre, Manchester, M17 8PQ

### **Travelodge Trafford Park**

17 Trafford Way, Manchester, M17 8DD

### **Premier Inn Trafford Centre South**

Wilderspool Wood, Trafford Centre, Manchester, M17 8WW

### **Holiday Inn Express Trafford City**

Mercury Way, Stretford, Manchester